



WNEPS

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Spring/Summer 2016

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THE SWEET smell of springtime wafts through my window as I write this yearly column. The piercing staccato of a Carolina Wren is engaged in a vociferous duel with the warbling melodic trill of his cousin, the House Wren – both locked in battle for prime nesting real estate. My thoughts drift to my mother, who after six months of being shuttered in the house with her seven children, would throw the windows open, lean out and yell, ‘SPRING! SPRING! THANK HEAVENS! IT’S FINALLY HERE!’ Drifting back to the present

put me in mind of the turf wars being fought closer to home in our parent organization. With all of the changes past, future – perhaps good, perhaps not - I am grateful to be part of Western New England which continues to educate fine analysts, flourishes as a psychoanalytic Society and remains an anchor for psychoanalytic thought and practice in Connecticut.

In the past year, six new graduates from our Institute became Full Members of the Society. In addition, four new Special Society Members, graduates of last year’s Studies in Psychoanalytic Psychotherapy (SPP), became members. We also had three new Affiliate Members who are graduates from other analytic institutes join the Society. We are very pleased to welcome you all into our analytic home and are eager for your ideas, participation on committees, teaching in the Society and the SPP program and attendance at Scientific Meetings and Society dinners.

Additional developments of the last year include the passage of the SPP by-law amendment that allows graduates of the SPP program to become Special Members of the Society. I am pleased to report that a second class of four candidates began the SPP program this past October.

While still a candidate, Prakash Thomas stepped gracefully into the role of Chair of Associations. He took the Editor’s baton and with fleet-footed grace ran hard with it. Prakash spearheaded this wonderful spring edition of *Associations* along with co-editors Jean Vogel, Lisa Driscoll and Mary Ayre.



President's Message continued from page 1

As Council to the APsaA for the last two years, Rachel Bergeron worked tirelessly attending the national meetings, providing ballast and a reasoned voice to the sometimes-rancorous Council sessions. She has been steadfast in keeping the Society and the Institute informed about proposed changes at the national level.

Jean Vogel joined the Executive Board this spring as Chair of the Membership Committee. In this position, Jean will review all new applications to the Society and present them to the full membership for induction. She will serve as liaison to new members and arrange a 'Meet & Greet' with established members to integrate our new members into the Society. Jean is also organizing Study Groups to reach out to new members and, with Joan Poll, is developing a List-Serve for WNEPS. Among other functions, the list-serve will allow members to make announcements, post referrals, make inquiries and serve as a link between Society members.

Angela Capiello and Elizabeth Wilson led the Spring Symposium Committee to another smashing success this past April. The Symposium explored the phenomenon of altered states in daily life and in psychoanalytic processes. Deb Fried, Rachel Bergeron and members of the Education Extension Division organized an engrossing set of continuing education courses and already have a slate of equally interesting courses for next year.

The Joint Conference Committee has organized a wonderful two-day conference coming up in October of 2016 that should not be missed. Barbara Marcus, Angelica Kaner and members of the Connecticut Society for Psychoanalytic Psychology (CSPP) are bringing Michael Feldman and Eileen McGinley here for a weekend of clinical immersion in Kleinian theory and practice. Kay Long will discuss a paper given by Michael Feldman. In addition, Michael Feldman and Eileen McGinley will lead small group case discussions presented by analysts from The Western and CSPP.

On behalf of the Executive Board, I want to express our deep appreciation to all committee members for your tireless efforts. We recognize the tremendous amount of work that goes into coordinating and organizing these committees and their respective missions. You make it look seamless and simple. Everything appears to just happen – *Associations* and the Continuing Education brochure appear in our mailbox like clockwork and we count on the Symposium to pull us out of the winter doldrums each spring. Of course, we know it doesn't 'just happen.' There is a ton of work, none of which is remunerative, that goes into making these projects a success. It can be exhausting, frustrating and may sometimes feel like a thankless task. Please know how much we appreciate your hard work.

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WNEPS Executive Board

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Prakash Thomas, MD

Jean Vogel, MD

Lisa Driscoll, PsyD

Mary Ayre, MD



News From The Society

Organizational Structure of the Western New England Psychoanalytic Institute and Society

PAGES THREE TO FIVE represent the organizational structures of the Institute and the Society in a mosaic which Nancy Olson and Larry Levenson produced. In our prior Fall/Winter 2015 issue, we provided a textual explanation and flow chart representation of the Society. Our purpose in publishing this schematic is clarity and transparency for entering candidates and senior members alike on the workings of the Society. Our hope is greater community participation in making this mosaic not static but a dynamic one.



<p>WESTERN NEW ENGLAND INSTITUTE FOR PSYCHOANALYSIS BOARD OF TRUSTEES AND RELATED COMMITTEES</p>		
<p>BOARD OF TRUSTEES RACHEL BERGERON, PRESIDENT ANGELA CAPPIELLO, VICE PRESIDENT OSCAR HILLS, TREASURER DEBORAH FRIED, SECRETARY NANCY OLSON, PAST PRESIDENT</p> <p>2 TRUSTEES & TREASURER APPOINTED FROM EC.</p> <p>6 TRUSTEES & PRESIDENT, VICE PRESIDENT, & SECRETARY NOMINATED BY NOMINATING COMMITTEE, ELECTED BY INSTITUTE MEMBERS.</p> <p>UP TO 3 COMMUNITY MEMBERS.</p> <p>TRUSTEES SERVE 3 YEARS. OFFICERS SERVE 2 YEARS</p>		
<p>HOUSE COMMITTEE</p> <p>CHAIR: VICE PRESIDENT TREASURER 1-2 TENANTS ADMINISTRATOR</p>	<p>LIBRARY COMMITTEE</p> <p>CHAIR: LISA MARCUS</p>	<p>NOMINATING COMMITTEE</p> <p>CHAIR: PAST PRESIDENT 1-2 NON-OFFICER MEMBERS (2-YEAR TERMS)</p>

News From The Society

WESTERN NEW ENGLAND INSTITUTE FOR PSYCHOANALYSIS EDUCATION AND RELATED COMMITTEES

ADMISSIONS COMMITTEE

CONSIDERS APPLICATIONS TO
THE PSYCHOANALYTIC
TRAINING PROGRAM.

CHAIR:
BRIAN TOBIN, MD

PROGRESSION COMMITTEE

ASSESSES CANDIDATE
PROGRESSION.
MEMBERS: TAS/SAS,
CHAIR OF FACULTY.

CHAIR:
LAWRENCE LEVENSON, MD

ESSAY REVIEW COMMITTEE

CONSIDERS ESSAYS
SUBMITTED BY CANDIDATES.

CHAIR:
SYBIL HOULDING, MSW

SCHOLARS PROGRAM

NON-CLINICAL PROGRAM OF
STUDY FOR SCHOLARS AND
ACADEMICS.

COORDINATOR:
KAY LONG, PHD

EDUCATION COMMITTEE

RESPONSIBLE FOR TEACHING
PROGRAM AT WNEIP.

MEMBERS: TAS/SAS, CHAIRS
OF FACULTY, ADMISSIONS,
PROGRESSION & ESSAY
REVIEW COMMITTEES.

CHAIR:
LAWRENCE LEVENSON, MD

SECRETARY-TREASURER:
OSCAR HILLS, MD

CURRICULUM COMMITTEE

DEVELOPS CURRICULUM FOR
TRAINING PROGRAM.

CHAIR:
BARBARA MARCUS, PHD

APsAA BOPS FELLOWS

BARBARA MARCUS, PHD
JACK MILLER, MD

FACULTY

CHAIR:
JOAN WEXLER, MSW

PSYCHOANALYTIC CLINIC COMMITTEE

CHAIR:
ERIC MILLMAN, MD

T/S ANALYST SELECTION COMMITTEE

ASSESSES ANALYSTS FOR
TA/SA OR GR/TA/GRSA
APPOINTMENT.
MEMBERS: TAS/SAS.

CHAIR:
LAWRENCE LEVENSON, MD

CHILD ANALYTIC PROGRAM

CHAIR:
KIRSTEN DAHL, PHD

News From The Society

WESTERN NEW ENGLAND PSYCHOANALYTIC SOCIETY		
<p>COUNCILOR TO APSAA</p> <p>RACHEL BERGERON</p>	<p>SCIENTIFIC PROGRAM COMMITTEE</p> <p>PAUL SCHWABER, CHAIR EILEEN BECKER-DUNN MATTHEW SHAW</p>	<p>MEMBERSHIP COMMITTEE</p> <p>JEAN VOGEL, CHAIR</p>
<p>CONTINUING EDUCATION CREDIT COORDINATOR</p> <p>RACHEL BERGERON</p>		<p>NOMINATING COMMITTEE</p>
<p>CONTINUING EDUCATION COMMITTEE</p> <p>DEBORAH FRIED, CHAIR RACHEL BERGERON, CO-CHAIR</p>	<p>EXECUTIVE COMMITTEE</p> <p>PRESIDENT: EILEEN BECKER-DUNN</p> <p>VICE PRESIDENT: STANLEY POSSICK</p> <p>SECRETARY: MATTHEW SHAW</p> <p>TREASURER: CAROLE GOLDBERG</p>	<p>ETHICS COMMITTEE</p> <p>DAVID CARLSON, CHAIR</p>
<p>PSYCHOTHERAPY PROGRAM COMMITTEE</p> <p>ROBERT WHITE, CHAIR SUSAN BERS FRED KOERNER JANET MADICAN</p>		<p>PSYCHOANALYST RESOURCE COMMITTEE</p> <p>CAROLE GOLDBERG, CHAIR</p>
<p>SYMPOSIUM COMMITTEE</p> <p>ANGELA DAPPIELLO, CHAIR ELIZABETH WILSON, CO-CHAIR</p>	<p>NEWSLETTER COMMITTEE</p> <p>PRAKASH THOMAS, CHAIR MARY AYRE LISA DRISCOLL JEAN VOGEL</p>	<p>PRACTICE COMMITTEE</p>
<p>JOINT WNEPS/CSPP CONFERENCE COMMITTEE</p> <p>BARBARA MARCUS, CHAIR PETER KANE ANGELICA KANER</p>	<p>WEBSITE COMMITTEE</p> <p>JOAN POLL</p>	<p>RESEARCH COMMITTEE</p> <p>SUSAN BERS LINDA MAYES</p>

New Associations

NEW ASSOCIATIONS, formally introduces graduated psychoanalysts to the Western New England community. Some of our members are graduates of WNEIP and others hail from institutes around the country. Please welcome these new members and receive them into the dialogues, scholarship and fellowship of our society.

Congratulations to the following new members and welcome to your new home!

Angela Cappiello, MD, PhD, graduated from the Western New England Institute for Psychoanalysis in 2015 and her essay is entitled “Assessing The Psychoanalytic Process Through A Sequence Of Dreams”. Dr. Cappiello obtained her medical degree from La Sapienza University, and her doctorate in Psychosomatics from Tor Vergata University, both in Rome, Italy. A psychiatrist first in Rome, Italy, she completed her psychiatric postdoctoral fellowship at Yale University in 1995, and was assistant professor of psychiatry at Yale, until 1998. During her years at Yale she has published several papers on the neurobiology of depression. Her most recent publication (2016) is a review of the book: On Freud’s “Screen Memories” (edited by Gail S. Reed and Howard B. Levine) in the Journal of the American Psychoanalytic Association. She is currently on the medical staff at Hartford Hospital, and a supervisor in the Psychiatry Residency Program at the Institute of Living. She has been in private practice since the late 90s, and currently lives and works in Glastonbury, CT.

Christine Desmond, MD, received her B.S. degree in 1992 from Fairfield University and her medical degree from Tufts University School of Medicine in 1996. Her internship and psychiatry residency were completed at NYU Medical Center. She has been a Lecturer in the Department of Psychiatry at Yale since 2008. The title of her psychoanalytic essay was “Storms in My Head: An Analyst’s Reflections on an Enactment.”

Robin Renders, PhD, lives and practices in Stockbridge, Massachusetts. In 1985 Robin moved to undertake a four-year postdoctoral fellowship at the Austen Riggs Center. At that time her professional interests shifted from basic research on experimental and developmental psychopathology (i.e., high risk developmental processes in schizophrenia) to clinical process. Upon completion of the fellowship, she

began psychoanalytic training in New York City at the Columbia Psychoanalytic Center, and upon graduation joined the faculty.

Robin maintained a practice and residence in both New York and Stockbridge for 15 years. In 2002 she left New York to join a diverse group of psychoanalysts to embark on the challenging effort to establish the Berkshire Psychoanalytic Institute. Intensively involved in training, Robin primarily focused on developing curriculum, teaching, and training/supervising analyses. Her theoretical and clinical interests continues to focus in the area of British Object Relations Theory and especially the Contemporary Kleinians. She is involved in two wonderful study groups, one in New York and the other in Stockbridge.

Robin is very happy to join the Western New England Psychoanalytic Society and is looking forward to future meetings.

Bronce Rice, PsyD, received his B.A. in psychology from Michigan State in 1990 and his master’s in social work from Michigan State in 1992. He received his Psy.D from the California School of Professional Psychology in 1996. He did postdoctoral fellowships at the University of Michigan and at Yale School of Medicine. From 1999 to 2002 he was a staff psychologist at the Post Traumatic Stress Center in New Haven. His essay was entitled “The Therapeutic Alliance in Psychoanalysis.”

Linda H. Robinson, MA, LCSW, was born and raised in Glasgow, Scotland. She lived and worked in Israel for ten years and France for five years before moving to New York City where she graduated in 1998 with a Masters degree in Social Work from Yeshiva University. Upon graduation she worked in the outpatient clinic of the Department of Psychiatry at Montefiore Medical Center in the Bronx for eight years. Lin trained as a psychoanalyst at the Institute for Contemporary Psychotherapy (ICP) in New York City where she graduated in 2003.

Lin has been in private practice in New Haven, Connecticut since 2005, working with adults in psychoanalysis and psychoanalytic psychotherapy. She is on the Teaching Faculty at the Institute for Contemporary Psychotherapy and is Assistant Clinical Professor in the Psychiatry Department at Yale School of Medicine and

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New Associations

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she supervises medical residents at the VA, West Haven. Lin is excited to join the faculty of the Studies in Psychoanalytic Psychotherapy Program at Western New England. She has taught English as a Second Language, holds a graduate degree in English Literature and was once a journalist for the United Nations. She enjoys teaching, travel, hiking, film and singing.

Jean Vogel, MD, a graduate of the Western New England Institute, lives and works in Southbury, CT where she's been a full-time private practitioner for twenty years. She received her BA from the University of Pennsylvania in 1984, and worked as a Research Assistant at Monell Chemical Senses Center in Philadelphia for two years before obtaining her medical degree from the SUNY Buffalo School of Medical Sciences in 1990. She completed her psychiatry residency at the Institute of Living in Hartford in 1996. Before entering psychoanalytic training in 2009, she earned the title of Master Psychopharmacologist from the American

Society of Clinical Psychopharmacology and Level II certification in EMDR from EMDRIA. In 2013, Dr. Vogel was awarded the Roger Coleman Memorial Award for Exemplary Patient Service by the Connecticut Psychiatric Society. The title of her essay was "Reflections on Moments of Mindlessness" and focuses on bodily experiences in the analyst as useful data in a treatment.

Elizabeth Wilson, MD. As a recent graduate of the Western New England Institute, Elizabeth is delighted to be joining the Psychoanalytic Society. Soon after finishing her Yale psychiatry residency, Elizabeth enrolled in extension division classes. These experiences fueled her enthusiasm for psychoanalysis. In addition to maintaining a private practice, she is busy supervising residents, co-chairing the WNEPS's annual Spring Symposium and raising two teenagers. Elizabeth looks forward to joining with colleagues in what she views as a life-long endeavor of deepening her psychoanalytic understanding. She feels very fortunate to be a part of the vibrant and generative Western New England Psychoanalytic community!

The Connecticut Society for
Psychoanalytic Psychology

AND

The Western New England
Psychoanalytic Society

are pleased to jointly present a
Clinical Conference and Workshops

**RESPONDING
TO
NARCISSISM**

Key Note Michael Feldman

Discussant Kay Long

**Saturday, October 22, 2016
9 to 11 AM**

**Venue: The New Haven Lawn Club
193 Whitney Avenue, New Haven**

Graduation

Words for Our Graduates

April 30, 2016

Larry Levenson, MD

IT OCCURS to me that our graduates may be wondering what comes next now that they have completed our long and intensive training program. Let me tell you about one of the first things that happened to me after I graduated from the Institute twenty-two years ago: I began receiving Sigmund Freud action figures as gifts. The first one was from a family member and, never having seen one before, I was really taken with it. The family member said she had stumbled upon it while poking around a novelty store in Provincetown and immediately had thought it was the perfect graduation present for me. Here was a 5 inch Freud, one hand raised holding -- naturally -- a cigar. I set it on a bookshelf above my desk at home.

A few weeks later another Freud action figure arrived at the house, a gift from a non-analyst colleague, and again it was very satisfying to have my graduation from the Institute celebrated in this affectionate, unserious way. But then, just days later, another family member stopped by with a small wrapped box, a present for me, something the family member had just stumbled upon while poking around a flea market in lower Manhattan and instantly had decided was the perfect graduation present for me. I unwrapped the box and -- "wow," I said, "a Freud action figure, what a great present! Thanks!"

Now there were three of them placed around the house, prompting my then four year old son, who was in his teenage ninja turtle phase, to want to know why I had these old guy action figures that didn't have any swords or shields or laser guns. The cigar in Freud's raised hand did not impress him. Recently, I looked into how these action figures without swords or shields or guns are marketed. Here is one website's pitch: "The Sigmund Freud Action Figure celebrates the man responsible for modern psychoanalysis. Each 5" tall hard vinyl figure captures Freud in a pensive pose, holding a distinctly phallic cigar. Worried about your kid's Oedipus Complex? Put the Freud

action figure in the room so they know you've got your eye on them. This action figure defeats its opponents by psychoanalyzing them into submission."

They kept coming. I put them in a carton in a closet in the attic. I still have five of them, each unopened in an illustrated window box. There are five graduating analysts. But we won't be handing each graduate a Freud action figure today. What we will be giving you in a moment is a very handsome certificate to mark the completion of your training with us. And with the certificate comes our warmest congratulations for what you have accomplished. You have worked extremely hard -- the classes, the weekly readings, the clinical presentations, the low fee analytic cases, the supervision, your own analyses, the essay -- and it has taken a long time. Congratulations. And thank you. We, the faculty, thank you because it has been a profound privilege to have played a part in your becoming psychoanalysts, and because as you have grown and changed throughout your training so has each of us. We are extremely grateful as well to your family and friends for the many sacrifices they have made so that you could spend so much time with us.

We congratulate you, we thank you, and we welcome you. We welcome you as the newest graduate members of the Western New England Institute for Psychoanalysis. As some of you already have discovered, this is not a graduation that sets you free but one that welcomes you into new relations with us, your colleagues. Psychoanalysis and Western New England will continue to form you and now that you are graduates you must begin to form psychoanalysis and Western New England as well. We welcome your involvement in psychoanalytic education, scholarship, and administration at the Institute. We hope that you will be action -- I mean, active -- figures at the Institute. We hope that after you've rested up for a bit you

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Joint Society Conference

Considering a Response to a Narcissistic Presentation

THE UPCOMING conference on “Responding to Narcissism” occurring at The New Haven Lawn Club on October 22 and 23, 2016 is the fruit of the collaboration between The Connecticut Society for Psychoanalytic Psychology (CSPP) and The Western New England Psychoanalytic Society (WNEPS). The conference will address dilemmas posed by narcissistic patients and how to work with them from a contemporary Kleinian perspective. The acclaimed British analyst Michael Feldman will provide the keynote address followed by a discussion, and subsequent close process clinical workshops.

Michael Feldman asserts that the clinical hour is fraught with dangers. These include anxieties derived from the patient’s early experiences that are then projected into the analyst who must bear their brunt. Dr. Feldman will explore how these anxieties interfere with analytic thinking and interpretive activities, especially interpretations that most engage them and facilitate psychic change – living transference interpretations delivered imminently.

Dr. Feldman will present a clinical narrative centering on his responses to a female patient with pronounced narcissistic features. He describes being drawn into a contemplation of her body and mind wherein he loses the link to the tragedy of her situation. Via self-reflection he recovers his capacity to discern how a narcissistic structure conceals a desperation requiring mutual idealization. As he escapes her mesmerizing hold, he becomes more threatening to her, yet more able to help her confront disavowed desire, guilt and shame.

Dr. Feldman will address the challenges incurred when the force of the patient’s projections becomes focussed directly on the analyst. He will address how to think about gaps in our understandings and what can be meaningfully said to the patient. He will argue for the value of moving away from traditional concepts of mutative interpretations. Finally, he will explore the resources that the analyst may enlist to enlarge his tolerance of these difficult clinical moments.

Kay Long, PhD, will act as the discussant and will offer her reflections upon Dr. Feldman’s presentation and the technical questions he raises. Subsequently, the conference will offer clinical workshops in an innovative format to encourage deeper engagement with contemporary Kleinian practice. On Saturday and Sunday, Dr. Feldman and Dr. Eileen McGinley will offer clinical workshops in which members of our two Societies will present clinical process material. The presenters include Eileen Becker Dunn, LCSW, Angelica Kaner, PhD, Matthew Shaw, PhD and Robert White, MD.



President’s Message continued from page 2

We would not be the thriving, vital Society that we are without you.

On a similar note, the strength of our Society is measured in part by how well we take care of our members and reach out to new ones. Revitalizing the Membership Committee is in part a response to this desire to do a better job of welcoming new members. We are open to your creative ideas, especially new graduates, while you are still near to your experience as candidates. Help us steer a course to more active engagement of our members and overall growth of the Society. For new people joining our analytic family, let your voices be heard – contact the chairs and members of committees you might be interested in and get involved.

In closing, I want to acknowledge that we lost a vital member of our Society this year. Frank Knoblauch passed away on January 24th, 2016 secondary to complications from prostate cancer. Frank graduated from the Institute in 1997 and immediately became involved in the Society. He is probably best known as a long-standing member and then teacher/leader of Sam Ritvo and Larry Levenson’s Study Group on Defense Analysis.

I didn’t know Frank personally. However, in my few brief interactions with him I was struck by his warmth, unpretentious intellect and quiet sense of humor. My understanding from people who knew him well is that he was a warm, caring man, sturdy in himself and a very decent citizen of the world. He is and will be missed.



Committee Reports

Continuing Education Committee

Deborah Fried, MD

THIS YEAR brought us classes that had to be capped when the number of students outpaced the number of chairs in the room. It seems that trainees are increasingly interested in our classes, taking advantage of our low fee per course (\$50). More senior members of the community are also well represented, and we have social workers, psychologists, psychiatry residents, psychoanalysts and clinicians of many stripes partaking. This year's offerings were outlined in the previous edition of *Associations*. In brief, they were:

The Marcuses led a lively and timely discussion group on gender, and will continue with that group next year as they explore clinical material.

Paul Schwaber taught *Ulysses* to a full room, and will read poetry with fortunate students next year.

Mary Ayre and Angela Cappiello taught a course on therapeutic action and, if we are lucky, will continue to teach next year.

Sybil Houlding's class on transference starts later this year, but we began turning students away last month. She will simply have to teach it again.

Lynn Reiser and Kirsten Dahl taught the fullest classroom our building has seen perhaps, with 25 writers and teachers joining to learn about children's picture books. We are hoping for a reprise in the year(s) to come.

Ongoing thanks to all who make this program possible, especially the teachers and the Continuing Education Committee: Rachel Bergeron, Nancy Olson, Joanie Poll, Lynn Reiser, Angelica Kaner and Susan Bers. We will continue to offer CME/CEU/CEC for all our classes and delight in the thriving classes that continue to unfold.



Education Committee

Larry Levenson, MD

MANY THANKS to the editors of *Associations* for proposing periodic reports from the Education Committee to keep our members informed of the Committee's work. I hope that over time such reports will give members a good understanding of the variety of issues that the EC considers at its monthly meetings. In this article, I want to bring to your attention two events on the Institute schedule in the near future that are of considerable importance to the Institute's present and future operations.

The first is a discussion with the membership on the topic of Institute Choice that will take place as part of the Institute's Annual Business Meeting on Thursday, June 9. Institute Choice is one of the six points of the American's Six Point Plan and arguably the part of the plan of greatest consequence for the Institute. Institute Choice refers to the choice that each Institute affiliated with ApsaA must make about whether or not to join the American Association of Psychoanalytic Education (AAPE), the newly established external accreditation entity for psychoanalytic institutes. While developed by analysts in ApsaA, AAPE is a completely independent entity (as it must be to be a true accrediting body.) Institute affiliation with AAPE would be in addition to our continued affiliation with ApsaA.

The EC has had several discussions about this choice, including a joint EC-Board of Trustees meeting. In light of the significance of this decision – essentially, it is a decision about the standards we want to follow in our training program and whether we want those standards regulated through an accreditation process -- we think it is important for all of our members, not only the EC and the Board, to have a voice in the Institute's deliberations. We hope that you will attend the meeting on June 9th so that together we may make a prudent decision. Before the meeting you will be receiving a few articles about AAPE and the Six Point Plan to familiarize you with the issues.

The other, fast-approaching event is the site visit by ApsaA's Committee on Institutes (COI), scheduled from Wednesday, September 28th to Sunday, October 2. This will be the final site visit from

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Education Committee *Continued from page 10*

ApsaA, since COI, along with the rest of BOPS, will be dissolved with the passage of the Six Point Plan in the coming year. This site visit is extremely important for a number of reasons. First and foremost, this site visit, like previous ones, constitutes an evaluation of how we are doing as a training program by a team of psychoanalysts from our national organization. If there are deficiencies in our operations, we want to hear about them from our analyst colleagues at ApsaA.

Second, along with evaluating us, the site visit team will be available for consultation on aspects of our operations that are a concern to us. As members of COI, our site visitors are familiar with the way other institutes do business and will be able to share with us other approaches that are being used to deal with the many challenges facing analytic training programs today.

In a preliminary meeting with Dr. Barbara Murray, the Chair of the site visit team, at the winter meetings in New York, we presented some areas of our program for which we would welcome the team's help. These include: incorporating distance learning and training into our educational programs; promoting child analytic training, and integrating child training into our adult training program; assisting candidates who wish to pursue the pre-graduation pathway to certification; providing more substantive feedback to candidates about progression; boosting candidate, faculty, and training analyst recruitment; and strengthening ties to the Yale psychiatry department and the Child Study Center.

Please let us know if there are other areas of the Institute that you think we should bring to the site visit team's attention for consultation. And finally, this site visit is important because if we do decide to apply to join AAPE, this site visit, assuming we are found to be an Institute in good standing, automatically assures

both our acceptance into AAPE, and that we will not be required by AAPE to have another site visit for seven years. Most of our members will be a part of the site visit in a variety of ways. Many classes, supervisions, and committee meetings will need to be scheduled at times different from usual to enable the site visitors to observe as much of our organization in action as possible. We thank in advance our very able administrator, Anne Rodems, for the considerable amount of work that will fall to her in making the preparations for the visit. The rest of us also will have more Institute work than usual leading up to, and during, the site visit. But if the past is any guide, we can look forward to this site visit being an engaging, enlightening and memorable event for all of us.



Words for Our Graduates *Continued from page 8*

will pursue certification through the newly established American Board of Psychoanalysis and become active figures in the American Psychoanalytic Association as well.

And finally, this is a graduation that welcomes you to the paradox that an analyst who graduates is an analyst who has come to know that there is no such thing as an analyst who graduates. An analyst is someone who is forever in the process of becoming an analyst, forever engaged in the process of living and thinking psychoanalytically. Most of all, we welcome you to that: to the forever, exhilarating task of living and thinking and growing psychoanalytically. Congratulations, thank you, and welcome to each of you.



INTIMACY
 IPA 50TH CONGRESS
 IPSO 24TH CONFERENCE
 BUENOS AIRES 25-29 JULY 2017

Scientific Meetings

Nathan Kravis, MD, Embedded and Couched: The Function and Meaning of Recumbent Speech

February 27, 2016

Discussant: Joan Wexler, LCSW

Reviewed by Fred E. Koerner, PhD

THE COUCH is iconic as a universally recognized symbol of psychoanalysis. It is, therefore, rather curious that the use of the couch in analysis is unstudied and under-theorized. Thus began Dr. Nathan Kravis' vibrant presentation on the history of the couch in its varying guises, changing in form and meaning with different cultural and historical contexts. Dr. Kravis provided us with a sensate experience of the couch as an architecturally diverse and evolving piece of furniture in dialectic with particular cultural events, meanings and functions. It follows, therefore, that the *recumbent* position of an individual on a couch (sofa) also varied at different times, in different places, and embodied different experiential meanings. The stereotype of the analyst prone on the analytic couch—following the analyst's directive to say whatever comes to mind—is embedded in implied roles of power, (submissive patient/analyst as authority) and notions of healing (the "talking cure").

As a *historian* of psychoanalysis, Dr. Kravis provided us with specific understandings of the contextual meanings of specific renderings of individuals lying on a couch. For example, early representations indicated the prestige of those in high society reclining at a meal. Ancient Greek art depicts gods and goddesses lounging in this type of chair. The 17th century chaise lounge is another well-known example of luxury. An especially interesting point was made that the form that the sofa took in the 18th century went hand-in-hand with concomitant changes in styles of clothing. On the other end of the spectrum, in the late 19th and early 20th

centuries, it was common to see tuberculosis patients in a sanitarium reclining in the "invalid's chair" ("resting cure"); here we see an interaction of medical knowledge and stark changes in the architecture of the sofa. In keeping with the increase in medical knowledge since the 19th century, the architecture and the uses of the couch embodied healing functions, as Dr. Kravis referred here to the "medicalization of comfort." The invalid's chair had little of the elaborate, luxurious, plush qualities of earlier sofas (or of Freud's ornate office with its tapestries, sculptures, pillows, etc.), and instead was simpler, minimalistic, and more hygienic (and therefore constructed of non-upholstered materials—TB, after all, is a contagious bacterium). Through these and other examples, Dr. Kravis presented a fascinating and compelling case for a dialectic between social and cultural factors and the couch—its architecture, its uses and attitudes toward it.

Freud's use of the couch as a therapeutic tool was initially in the service of practicing hypnosis and thereby gaining access to his patients' unconscious mental processes. The modern-day psychoanalytic couch is a direct descendant of the TB resting chairs. Its relative simplicity and absence of luxurious accouterments is compatible with the more orthodox principles of neutrality, abstinence and free association, which were emphasized by post-Freudian American psychoanalysts in the 1950's and 1960's.

The couch, and the patient lying on it—as well as any other practical, procedural or theoretical aspect of psychoanalysis—should not be taken for granted, as a given, or at face value; nor should it be fetishized or reified. An analytic process will—or won't—develop on account of a variety of factors, whether the patient lies on the couch, or the patient and analyst sit. The speech that emanates from the couch creates a deliberate "dislocation of the self". Similarly, the analyst behind the couch is freer to experience a

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Scientific Meetings

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reverie-like state, which involves his own regression. These dislocations make possible a conversation between analyst and patient, which makes interpretation and insight possible. Also, through this dislocated discussion therapeutically reparative interactions take place.

In her typically eloquent style, Joan Wexler offered us snippets of literature, poetry and clinical vignettes to illustrate the wide variety of reactions which patients might have to the couch. She began by citing an old country music song, which came to her mind as she read the paper. "There are tears in my ears from lyin' on my back in my bed as I cry over you". Here we see the dislocation "tears in my EARS"; things are out of place—tears in ears, not eyes. In recumbent speech, there is a "dislocation" of the self, which facilitates conversations, which "break social norms of

conversation" in an effort for the analyst and patient to become a "creative couple", engaged in conversations that may be impossible under ordinary circumstances. It is out of these dislocated conversations that transference is born. The recumbent position mediates strong affect and associated bodily feelings. Clinical examples were given to illustrate the simultaneous expression of erotic and aggressive feelings in the speech of the recumbent patient.

All attendees emerged with a more sophisticated attitude about the use of the couch which views the analytic dyad and its "architectural" arrangements as multiply determined and embedded, not only in the particulars of the analytic pair, but also against the backdrop of multiple social, cultural and other factors.

Fred E. Koerner, PhD, is a graduate in Adult Psychoanalysis at WNEIP

2016-2017 Scientific Meetings

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|---------------------|--|
| September 24 | Jennifer Stuart, Ph.D.,
"Love, Hate, and the Maternal Body" |
| October 15 | S. Montana Katz, Ph.D.
"Psychoanalytic Field Theory: Perspectives on
Dreaming and Metaphoric Process in Clinical
Technique" |
| November 19 | Anton O. Kris, M.D.,
"The Dyer's Hand: Some Aspects of the
Psychoanalyst's Actions" |
| December 17 | Donald B. Moss, M.D.
"I' and 'You': One Sentence per
Session/One Year" |
| February 4 | Lawrence Levenson, M.D.
"Mourning and Maturation" |
| April 15 | Lawrence J. Brown, Ph.D.,
"From Ashes to Ashes: the Heroic Struggle of an
Autistic Boy Trying to be Born and Stay Alive" |

**David Carlson, MD,
Psychoanalysis: A Call to Battle**

April 30, 2016

Discussant: Lorraine Siggins, MD

Reviewed by Christopher Leveille, PsyD

AT THE APRIL 30th Scientific Meeting, guest speaker Dr. David Carlson initially apologized to any who may have been enticed by the intriguing title, "Psychoanalysis: A Call to Battle," and clarified that the discussion would be primarily concerned with "attention and therapeutic action." As was also acknowledged and apropos, given the fundamental significance of how analysts attend and listen, the discussion immediately followed the graduation ceremony of five candidates from the Clinical Psychoanalytic Training program.

Dr. Carlson began by making reference to the "fear and often overt contempt" many in the fields of psychology and psychiatry (students and leaders, alike) have toward psychoanalytic work. Among other reasons, he cited "a misogynistic equation of passivity with femininity" as an under-appreciated explanation and proceeded to discuss the inherent discomfort of quietly listening to a patient "without telling them what to do..." Dr. Carlson alluded to the profession's long tradition of disagreement on that which distinguishes "psychoanalysis" from "psychotherapy" and the value of doing so in terms of procedural/operational (rather than theoretically-oriented) considerations.

Matters unique to psychoanalysis and pertaining to the analysts "restraint" help to facilitate internalization, which, Dr. Carlson suggested, is what Hans Loewald identified as the basis of therapeutic action. Our need to describe analytic material in a linear fashion inevitably simplifies it, distorts it, and hinders our ability to appreciate it as "process," thus compromising "the indescribable richness of immediate experience."

With reference to the growing trend of papers on analytic listening in recent years, Dr. Carlson emphasized that listening is an active and varied endeavor, that "Attention cannot float, but it does swim" (as we were also reminded, it has been "free-swinging" for decades). Dr. Carlson recommended the development of an analyst's ability to attend freely, across a vast range of (his or her own) mental states and material, and to combat the defensive use of "conviction" - a potential impingement on exploration and understanding.

Dr. Carlson discussed the significance and implications of how our patients listen to us ("at least as intently as we listen to them"), suggesting this is a critical aspect of internalization that has been under-appreciated. How an analyst listens mirrors much

of the listening analyst's own psychic processes (e.g., drawing inferences, creating fantasies, noting inconsistencies, interpreting and seeking to discern how the analyst has arrived at what he or she has said) and ultimately contributes to his or her capacity for self-analysis after termination.

Further, during successful analyses, Dr. Carlson suggested that representational processes are reworked and described the benefit of listening to patients not only as a parent might to a child, yet also as a child might to a parent or teacher. In conclusion, Dr. Carlson proposed that fruitful analyses yield an internalized ability to regress, progress, listen and traverse the widest possible range of experience.

Dr. Lorraine Siggins followed with a lively and accessible discussion of her close work with Hans Loewald as well as personal experiences that correspond with the themes of Dr. Carlson's paper. She described a shift in perspectives on psychoanalysis during the past 50 years, which had formerly consisted of a more fixed, definitive and thus restrictive view (e.g., addressing the "bedrock issues" of castration anxiety and penis envy).

Dr. Siggins concurred with Dr. Carlson's suggestion that highly emotional experiences are indeed difficult to capture in words and the value of identifying and moving freely among our numerous "identities." She proposed that the current aims of psychoanalysis include the maximization of free mental functioning and basic centeredness, and embracing the uncertainty, contradiction, paradox and nuance intrinsic to psychic life.

Christopher Leveille, PsyD, is an advanced candidate at WNEIP.



Editors' Note

Certainly *Associations* cannot reflect all the good happenings occurring in our Society and amongst our members, but with your help we can capture more of it. As one senior member aptly said in awaiting this issue, "I want to know what people have been up to." Lend your writing voice and contribute to the effort to get the news out.

Your Editors,
Prakash Thomas
Mary Ayre
Lisa Driscoll
Jean Vogel



Reflections

In Memoriam Frank Knoblauch, MD

FRANK WAS warm, kind, considerate, non-judgmental and constantly explored psychoanalytic and philosophical issues within his own self and the world. In the most complimentary manner, Frank was really the true embodiment of "Minnesota Nice". Frank had been ill for many years and handled his health issues with dignity and grace. He had a positive attitude which was infectious to those in contact with him. He was one of the teachers in a yearly course for fourth year psychiatry residents at the Institute of Living, shared with three other analysts. Frank was well respected and especially liked for enabling the residents to explore the psychoanalytic issues on a theoretical, clinical and personal level. Frank is greatly missed in the Hartford area both as an analyst and a friend.

Ted Mucha, MD is a graduate in Adult Psychoanalysis at WNEIP and the former Medical Director of The Institute of Living



FRANK KNOBLAUCH and I, along with Rick Ownbey, signed on to Sam Ritvo's monthly study group on technique when it began in 1992 and we never left. Before that, Frank and I had been in the same residency class at Yale. The two of us grew up together as psychiatrists and psychoanalysts in Connecticut and built a deep friendship over the years despite the fact that we never socialized and rarely spoke outside the study group. That study group kept growing in importance for the two of us over the years, and our friendship grew apace, as did my admiration of Frank. He was incredibly smart, a great reader of texts, the clearest of thinkers, and an excellent teacher. He found every approach in psychoanalysis interesting and worth taking up in our group.

The philosopher Isaiah Berlin divided thinkers into hedgehogs, those who believed in one dominant explanatory idea or concept; and foxes, those who believed that understanding emerged from multiple ideas and perspectives.

Frank indisputably was a fox. His starting assumption was that every person -- every writer, study group participant, patient -- was communicating a point of view that had merit. In the world of psychoanalysis he was completely non-sectarian: he loved Gray, Klein, Bion, and in recent years Loewald. He was an enthusiastic member of Kay Long's Klein study group and frequently shared with us what he was learning about Kleinian theory. At his suggestion, we read many terrific papers by the contemporary Kleinians, with Frank helping us to see that there was much common ground between the contemporary Kleinians and contemporary ego psychology.

Frank built bridges that connected seemingly incompatible schools of thought, including those beyond the usual borders of psychoanalysis. He had an enduring fascination with linguistics and semiotics and over the years introduced us to readings in those fields as well as philosophy, taking us through difficult texts to demonstrate their relevance to psychoanalytic theory. For several years he became very interested in time-limited psychodynamic psychotherapy and attended training sessions on Davanloo's technique. Frank helped us to see that there was much for us to learn from a form of therapy that on the surface seemed quite far removed from psychoanalysis. When we turned to clinical material in our class Frank was masterful at tuning into the process and tossing around possible interventions that the analyst might make. He never implied that the presenting analyst had done it the wrong way and that he knew the right way. He clearly had internalized into the core of his psychoanalytic being that "the right way" was to be humble about what one could know and do with and for a patient in analysis.

Frank had such a well-consolidated identity as a psychoanalyst and so much natural skill as a clinician and teacher that it was puzzling to me that he chose not to practice analysis after he completed his training. Over time, I came to understand that Frank was someone who was comfortable going his own way in life, including what to do with his analytic

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New & Noteworthy

Rosemary Balsam, MD

Respondent and chair at the 2016 APsaA Winter meetings for Andrea Celenza's presentation: "*Embodiment and the Perversion of Subjective Desire.*"

"*Modern Gender Flexibility: Puzzling the Royal 'We' and the Body's Activities.*" Presentation as a panel member with Robert Paul, Julia Kristeva and Robert Michels at the 2016 Symposium on "The Body" sponsored by The Association for Psychoanalytic Medicine, Columbia University, NY, NY, May 6-8th.

"*Freud, the Birthing Body and Modern Life.*" Presentation at The Freud Anniversary Lecture of the New York Psychoanalytic Association on May 10, 2016.

Norka T. Malberg, Psy. D

"*On the Future of Psychoanalytic Developmental Practice with Children and their Families.*" Keynote Speaker at the International Conference on Application of Attachment Theory to Clinical Practice with Families and Children in Barcelona, Spain on May 25, 2016.

"*Towards an Integrative Psychoanalytic Approach to Child and Adolescent Chronic Illness.*" Clinical paper presentation at the Society of Psychotherapy Integration in Dublin, Ireland on June 15-17, 2016.

Jerry Meyer, MD

Exhibiting his new work at Denise Bibro Fine Art on 529 West 20th Street, New York City between September 15 and October 29, 2016. Call 212-647-7030 for more information.

Paul Schwaber, PhD

Taught James Joyce's *Ulysses* for the spring semester 2016 at the School for Visual Arts.

Allan Tasman, MD

Received the American College of Psychiatrists 2016 Distinguished Service Award, the organization's highest honor.



*Did it slip your mind to submit your good news and accomplishments to **Associations**? There's still time to do so for our Fall/Winter issue!*

Public Notice

Used 24 Volume Standard Edition (Strachey Translation) for sale. Clean and in good condition. The owner wants the set to have a good home. Contact Ira Moses at: iramoses@gmail.com

Public Notice serves as a public bulletin board for members interested in advertising office rentals, furniture, books, etc..

Contact the editors to post a listing.



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Palmer House Hilton | Chicago | June 17-19, 2016



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training which for him was being an analytically minded practitioner in non-analytic clinical settings, along with being a teacher of psychodynamic thinking

Every one of us in the study group grew as analysts because of Frank yet he never sought to impress or gain credit. He changed the way I thought about many important issues of technique but he did that in the form of modest offerings in the flow of seminar discussion. I'm certain he was that way as a therapist too, which is a wonderful way to be as a therapist. Frank was fine with flying below people's radar. One person whose radar missed nothing was our former administrator, Kathy Wilcox. Last year, I stopped by the office one afternoon while Kathy was beginning to pack up her things. I don't know what prompted this but suddenly Kathy said to me, " You know, Larry, I've gotten to know so many wonderful clinicians in the twenty-one years I've been here and I sometimes asked myself, if I ever had wanted to see someone for therapy, who would it have been. And you know who it was?" Kathy paused. It had never occurred to me that Kathy might have asked herself that question and of course I was curious. "Frank Knoblauch," Kathy said. "I would have wanted to be in therapy with Frank. Because he is so smart and calm and such a good listener and so comfortable with himself."

Kathy really said that to me.

Larry Levenson, MD, is a Training & Supervising Psychoanalyst at WNEIP



Submissions for the **Public Notice** and **New & Noteworthy** columns may be sent to the Editors:

Prakash Thomas
prakash.thomas@yale.edu

Jean Vogel
jeanvogel@charter.net

Mary Ayre
mayre@yahoo.com

Lisa Driscoll
liscampbelldriscoll@gmail.com

OR TO:

Associations
 c/o Ms. Anne Rodems
 255 Bradley Street
 New Haven, CT 06510

WNEPS
255 Bradley Street
New Haven, CT
06510

Addressee